and a second end; the first end of said lyophobic moiety chemically coupled to a first lyophilic head group; and the second end of said lyophobic moiety chemically coupled to a second lyophilic head group.

- 7. The micelle of claim 6 wherein the lyophilic head groups of the bola amphiphile are different.
- 8. The micelle of claim 6 wherein the core of the micelle is lyophilic.
- 9. The micelle of claim 6 wherein the one or more bola amphiphiles comprising the micelle are capable of hydrogen bonding.
- 10. A self assembled solid packed micelle comprising: at least one bola amphiphile in which one of the lyophilic head groups of the bola amphiphile is at the center of the micelle.
- 11. The micelle as in claim 10, further comprising a composition chosen from the group consisting of: pharmaceuticals, chemotherapeutics, immunosuppresents, antifungals, antibacterials, growth factors, vaccines, tissue/cell culture factors, and antibiotics.
- 12. The micelle as in claim 10, further comprising a material chosen from the consisting of: carbon nanotubes, colloidal metals, conductive polymers, magnetic colloids, and semiconductors.
- 13. A method of making a self assembled micelle from bola amphiphile with a lyophobic moiety capable of hydrogen bonding comprising the step of: making a first solution of a suitable bola-amphiphile in a charged ionic form; mixing the first solution with a second composition which changes the pH of the first solution towards a neutral pH; and reacting the first and second solutions until a gel forms.
- 14. A method encapsulating a therapeutic treatment comprising: providing a therapeutic agent; exposing said therapeutic to a bola amphiphile capable of self assembly; and initiating self assembly.

15. A method of treating a patient with a therapeutic agent encapsulated in a self assembled bola amphiphile comprising: identifying a site on a patient in need of a treatment; and administering and effective amount of the bola amphiphile encapsulated therapeutic agent to said site in need thereof.

- 16. A method of encapsulating a nanotube comprising: forming a nanotube; exposing said nanotube to a bola amphiphile capable of self assembly, and initiating self assembly of said bola amphiphile.
- 17. A bola amphiphile composition comprising: a hydrophobic moiety capable of hydrogen bonding and having a first end and a second end; the first end of said hydrophobic moiety chemically coupled to a first hydrophilic head group; and the second end of said hydrophobic moiety chemically coupled to a second hydrophilic head group.
- 18. The bola amphiphile of claim 17 wherein the first and second hydrophilic heads groups are the same.
- 19. The bola amphiphile as in claim 17 or 18, wherein said hydrophilic head groups are peptides.
- 20. The composition of claim 19 wherein the amino acids comprising the peptide have at least three non-peptide bond forming amine or acid moieties.
- 21. The bola amphiphile as in claim 17 or 18, wherein said hydrophilic head groups are chosen from the group consisting of: oligo(ethylene glycol) chains, cyclic oligo(ethylene glycols), hydroxyl functionalities, amino or carboxylic acid groups, 4'-amino-4-biphenyl carboxylic acids, naturally occurring amino acids, and aminobenzoic acids.
- 22. A self assembled micelle comprising: at least one bola amphiphile, said bola amphiphile having a hydrophobic moiety capable of hydrogen bonding and having a first end and a second end; the first end of said hydrophobic moiety chemically coupled to a first

hydrophilic head group; and the second end of said hydrophobic moiety chemically coupled to a second hydrophilic head group.

- 23. The micelle of claim 22 wherein the hydrophilic head groups of the bola amphiphile are different.
- 24. The micelle of claim 22 wherein the core of the micelle is hydrophilic.
- 25. The micelle of claim 22 wherein the one or more bola amphiphiles comprising the micelle are capable of hydrogen bonding.
- 26. A self assembled solid packed micelle comprising: at least one bola amphiphile in which one of the hydrophilic head groups of the bola amphiphile is at the center of the micelle.
- 27. The micelle as in claim 26, further comprising a composition chosen from the group consisting of: pharmaceuticals, chemotherapeutics, immunosuppresents, anifungals, antibacterials, growth factors, vaccines, tissue/cell culture factors, and antibiotics.
- 28. The micelle as in claim 26, further comprising a material chosen from the consisting of: carbon nanotubes, colloidal metals, conductive polymers, magnetic colloids, and semiconductors.
- 29. A method of making a self assembled micelle from bola amphiphile with a hydrophobic moiety capable of hydrogen bonding comprising the step of: making a first solution of a suitable bola-amphiphile in a charged ionic form; mixing the first solution with a second composition which changes the pH of the first solution towards a neutral pH; and reacting the first and second solutions until a gel forms.
- 30. A method encapsulating a therapeutic treatment comprising: providing a therapeutic agent; exposing said therapeutic to a bola amphiphile capable of self assembly; and initiating self assembly.

31. A method of treating a patient with a therapeutic agent encapsulated in a self assembled bola amphiphile comprising: identifying a site on a patient in need of a treatment; and administering and effective amount of the bola amphiphile encapsulated therapeutic agent to said site in need thereof.

- 32. A method of encapsulating a nanotube comprising: forming a nanotube; exposing said nanotube to a bola amphiphile capable of self assembly, and initiating self assembly of said bola amphiphile.
- 33. The micelle as in claim 6, further comprising a composition chosen from the group consisting of: pharmaceuticals, chemotherapeutics, immunosuppresents, antifungals, antibacterials, growth factors, vaccines, tissue/cell culture factors, and antibiotics.
- 34. The micelle as in claim 6, further comprising a material chosen from the consisting of: carbon nanotubes, colloidal metals, conductive polymers, magnetic colloids, and semiconductors.
- 35. The micelle as in claim 22, further comprising a composition chosen from the group consisting of: pharmaceuticals, chemotherapeutics, immunosuppresents, anifungals, antibacterials, growth factors, vaccines, tissue/cell culture factors, and antibiotics.
- 36. The micelle as in claim 22, further comprising a material chosen from the consisting of: carbon nanotubes, colloidal metals, conductive polymers, magnetic colloids, and semiconductors.